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Welcome!

We are pleased to share with you this redesigned and repurposed newsletter, which replaces our previous Mission in Action newsletter and Impressions hospice newsletter.

As you'll see throughout the following pages, Caring Connections is designed to give you more of an overall look at what's going on throughout Ohio Living, including the ways charitable gifts help us live out our mission.

We'll share a new issue multiple times a year, so you can stay updated on all the high impact things that are happening. We hope you enjoy Caring Connections!

People Before Profits

As a not-for-profit organization, Ohio Living has no stockholders or owners who expect a return on their investment. Instead, Ohio Living reinvests its resources into improving facilities, enhancing care, rewarding staff and fulfilling its mission.

Values-driven management ensures that quality is the barometer for our work. At a time when longterm care is under intense scrutiny, Ohio Living shows that there is a valuable difference when it comes to quality. By consistently providing more hands-on care and developing new and more creative ways to meet the needs of residents and patients, not-for-profits are setting the standard in the field.

However, we don't do any of this alone; people who share our belief in quality care and services for adults invest in our mission. Since 1922, donors have consistently improved the lives of the people we serve by funding services, programs, facilities and technology.



With your help, Ohio Living remains an organization firmly grounded in faith and faithful care; an organization that makes its residents feel at home, no matter their stage of life; and a not-for-profit community that has made excellence its highest priority.

Ohio Living Offers New Services for the Chronically III



People who suffer from chronic illness typically visit doctors and hospitals on a regular basis. But when they're at home, symptoms may be harder to control and it's easy to feel vulnerable.

Now, we're able to help. We've expanded our services with the launch of Ohio Living Palliative Care in the greater Toledo area. Palliative care is defined as aggressive pain and symptom management for patients with chronic illness like COPD, congestive heart failure, kidney disease, cancer and more.

Our palliative care team is comprised of experienced and compassionate physicians, nurse practitioners, registered nurses, social workers and other specialists. They work with patients and their physicians to help provide relief from pain, shortness of breath, nausea, anxiety, depression or frequent visits to the emergency room. Palliative care can be provided at any stage in the patient's illness or care, including during aggressive or curative treatments.

Through family meetings, a personal treatment plan is created that focuses on the patient's goals, needs, concerns, symptom management and relief from suffering. Palliative care offers coordination of the patient's care across health care services to maximize quality of life, regardless of the stage of illness.

"We're proud to begin offering this service and make an impact on people's lives in the greater Toledo area," said Wendy Price Kiser, Executive Director of Ohio Living Palliative Care – Greater Toledo, who leads the operation. "Because of our expertise in home health and hospice care, Ohio Living is well-prepared to make a difference for people with chronic illness. Our palliative care services are filling a critical need."

In the coming months, we will expand palliative care to the Youngstown area, followed by other areas of the state.

One study found that patients who received palliative care in their homes:

- Were more satisfied with their care
- Were less likely to visit the emergency room
- Were less likely to be admitted to the hospita
- Had lower medical costs overall
- Were more likely to die at home, instead of the hospital



A Family Affair Second-generation donors follow in family's generous footsteps

Family values run deep. Whether it's a passion for Buckeye football or a priority to gather each Sunday for dinner, every family has traditions they value. Sometimes those traditions involve supporting the charitable organizations closest to their hearts. The two families featured here have long histories of involvement with Ohio Living and generations of charitable giving between them.

Sandy Adam and Bernie Zeiher

As administrator of the only Osteopathic hospital in Toledo at the time, Bernie Zeiher became deeply involved in health care within the Toledo community. He was active with Ohio Living and Ohio Living Swan Creek through the local and corporate boards. He, and the rest of his family, have always generously supported causes in his community. Now a resident at Ohio Living Swan Creek, he's transferred his charitable values to the next generation of his family.

His granddaughter, Sandy Adam, has taken those values to heart. After serving two terms on the Ohio Living Foundation board, she joins the parent board of directors in July. Because of her grandfather's involvement, Sandy is the first second-generation board member for Ohio Living.

"In college, I worked at Ohio Living Swan Creek as a program

services assistant, which included driving the bus," said Sandy. "I've always connected with the senior population and knew early on that my career would include interaction with this generation. I believe you must follow your passion when it comes to giving both your time and your money. Through my role at Merrill Lynch, I interact with all generations of my clients' families. As our clients have aged, we've had to adjust to their changing expectations and needs, as well as reconsider the industry's compensation plans and how care is provided and monitored for them. We need the right organizations and people involved to make sure these items are front and center to serve this population and their families. That's why I choose to be involved and donate my time and resources to Ohio Living."



ABOVE: Sandy Adam followed in the footsteps of her grandfather, Bernie Zieher, when she began volunteering and donating to Ohio Living Swan Creek several years ago.

"I believe you must follow your passion when it comes to giving both your time and your money"

– Sandy Adam

The Milligan Family

In 1922, two events occurred in Sidney, Ohio, that would impact the lives of many people for years to come: Tom Milligan's grandfather and great-grandfather founded the company that would become Western Ohio Cut Stone, and Ohio Living Dorothy Love was established. Now, almost 100 years later, the Milligan family's relationship with the campus is still going strong. he's been alive and has continued his family's tradition of generosity with his wife, Mardie. Mardie served on the board of directors for Ohio Living Dorothy Love and the Ohio Living Foundation. Most recently, they made a charitable gift to renovate the apartment lobby and create the Aspen Club resident lounge, including a gift of natural stone from Tom's company.

Tom's father, Pat Milligan, once served as

Tom's father, Pat Ohio Living's board chair. Pat and his wife, Carol, were longtime donors to Ohio Living Dorothy Love, and she is currently a resident there.

Now the owner of Western Ohio Cut Stone, Tom has been involved with Ohio Living Dorothy Love almost as long as



Martha "Mardie" Milligan and her husband, Tom, have donated their time and charitable gifts to Ohio Living Dorothy Love.

"Ohio Living Dorothy Love has become a



Pat Milligan and his wife, Carol, were longtime supporters of Ohio Living Dorothy Love.

tradition for Sidney families," says Tom. "There's a real comfort in knowing that there's a quality place in town with the capabilities they have that allows folks to grow older and families to stay connected. And Ohio Living Dorothy Love is faith-based, with Presbyterian roots. I really appreciate that."

Capital Projects Around the State



Ohio Living Sarah Moore, Delaware, OH – original home

We are raising funds to renovate and preserve the historic original home of the campus that was constructed in 1923. Included in this project are upgrades to resident lounges, the library and interior hallways. We are also renovating the iconic front porch, creating a new accessible entrance for the assisted living residents.

Ohio Living Rockynol, Akron, OH – apartment lobby

Residents of the independent living apartment building are about to see a significant improvement to their front lobby. This space is being renovated into a modern and functional space where residents and their guests will enjoy gathering.





Ohio Living Mount Pleasant, Monroe, OH – activity building The activity building has been the primary gathering space for resident celebrations activities and programs since the 1950s. Thanks to donors, major improvements are underway to modernize this charished building to better most resident poods.

Ohio Living Cape May, Wilmington, OH – courtyard The underutilized courtyard is planned to become a multi-functional gathering space for all campus residents. With donor support, the courtyard will include a large pergola, water feature, meditation garden, raised gardening beds, outdoor seating and a butterfly sanctuary.



A Tax-Saving Way to Make a Difference

Was tax season good to you this year? If not, next year can be! If you are aged 70¹/₂ or older, you can take advantage of a simple way to make a difference and receive tax benefits in return. How? Through an IRA Charitable Rollover gift.

UP TO \$100,000 PER PERSON **701/2** YEARS OF AGE OR OLDER

Your Legacy Will Be There

Do you think donors of the past ever imagined how much good their gifts would ultimately do? There's no telling how many lives are touched by one individual's generosity. Legacy donors of the past (those who made a will bequest or deferred gift) have created a culture at Ohio Living – one of love, compassion and giving. Today's legacy donors continue to nurture that culture, with the future of their community in mind.

Just imagine what your legacy can do...

- Because of you, a husband will receive help to care for his wife when Alzheimer's disease has taken her memories of their years together.
- A father will be able to walk his daughter down the aisle at her wedding because you helped him regain his strength and mobility.
- A grieving wife will be assured that she can remain in her Ohio Living apartment because of your support for the Life Care Commitment, even though medical bills have wiped out her savings.



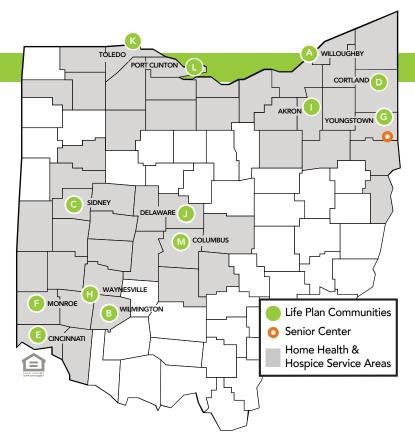
Your legacy gift, no matter its size or purpose, can make a world of difference. Your generosity will be there when it's needed most, helping to ensure a better future for Ohio Living residents and patients.

For more information on how you can join our Living Legacy Society, please contact your local gift planning director listed on the back of this newsletter.

Here's why it's a popular choice:

- You may transfer up to \$100,000 directly from your IRA to a qualified charity like Ohio Living.
- You pay no income taxes on the gift. The direct transfer from your IRA generates neither taxable income nor a tax deduction, so you still benefit even if you don't itemize your deductions.
- If you have not yet taken your required minimum distribution for the year, your gift can satisfy all or part of that requirement.
- Best of all, your gift will be put to use today, allowing you to see the difference your donation is making right now.

If you are interested in this unique opportunity or if you have any questions, please contact us right away. We are happy to help, and there's never any obligation.



Life Plan Communities

- A Ohio Living Breckenridge Village 440.942.4342
- C Ohio Living Dorothy Love 937.498.2391
- Chio Living Llanfair 513.681.4230
- G Ohio Living Park Vista 330.746.2944
- Ohio Living Rockynol 330.867.2150
- Chio Living Swan Creek 419.865.4445
- Ohio Living Westminster-Thurber 614.228.8888

- Ohio Living Cape May 937.382.2995
- D Ohio Living Lake Vista 330.638.2420
 - Ohio Living Mount Pleasant 513.539.7391
- H Ohio Living Quaker Heights 513.897.6050
 - Ohio Living Sarah Moore 740.362.9641
 - Ohio Living Vineyard on Catawba 419.797.3100



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Ohio Living Foundation

Partnering with donors to support the people, projects and programs of Ohio Living.



Ohio Living Home Health & Hospice

Greater Akron	330.873.3468
Greater Cincinnati	513.681.8174
Greater Cleveland	440.953.1256
Greater Columbus	614.433.0031
Greater Dayton	937.415.5666
Greater Toledo	419.865.1499
Greater Youngstown	330.533.4350

Ohio Living Gift Planners

Dan Ginis, Chief Development Officer 614.888.7800 | dginis@ohioliving.org

Serving: Ohio Living Breckenridge Village, Cape May, Llanfair, Mount Pleasant, Quaker Heights, Home Health & Hospice in Greater Akron, Greater Cleveland, Greater Columbus, Greater Toledo and Greater Youngstown

Nancy Hamilton, Director of Gift Planning 419.290.1715 | nehamilton@ohioliving.org

Serving: Ohio Living Dorothy Love, Rockynol, Swan Creek and Vineyard on Catawba

Tom Barry Director of Gift Planning 614.313.6917 | tjbarry@ohioliving.org

Serving: Ohio Living Sarah Moore and Westminster-Thurber

Susan Berny Director of Gift Planning 330.638.2420 | sberny@ohioliving.org Serving: Ohio Living Lake Vista, Park Vista and Corporate accounts

LIFE PLAN COMMUNITIES + HOME HEALTH & HOSPICE + FOUNDATION